

The LifePlan Retreat is a discovery process in which you prayerfully work through a series of constructs to gain God's perspective on your life and discern the plans that will move you forward in living out His will.

The foundation of the SLP is that God has uniquely prepared each of us to fulfill a destiny that He has created for us. He has given us all we need to fulfill that destiny.

*For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Jer. 29:11*

People have found clarity and breakthrough in the Strategic LifePlan when dealing with issues such as:

- A major life transition
- A move from success to significance
- Yearning to know what God has prepared them for next
- Burn out and losing passion for their work
- Desire to find a healthy life/work balance
- Increased fulfillment and meaning in life
- Alignment with who they are and what they do
- True success as God defines it in their most important life and work priorities

**There are Three Domains in the SLP process.**

**Personal:** Physical, Emotional, Intellectual, Family, and Friends

**Professional:** Leadership, Career Path, And Unique Abilities

**Spiritual:** Walk with Christ, Church/Kingdom Contribution, and giving back to the Community

Prayer is essential in the SLP process. Each client is encouraged to ask 3-5 friends and family to pray that the Holy Spirit would bring clarity, revelation and breakthrough and that God will be glorified in our time together.

The Strategic LifePlan is typically an evening and two full days.

Please contact me with any questions.

Brad Sprague  
Transition & Leadership Coach